



ANNUAL
REPORT
2019-20

SAGOLBAND TERA
SAPAM LEIRAK
IMPHAL, MANIPUR

Table of Content

Items	Page Number
Content & Contact Details	1-2
About Ya_All	3
Mission & Vision	3
Themes/ Work Areas	4
Key Population/ Target Population	5
Components	6
Organizational Structure	7
FY 2019-20 at a Glance/Summary	8
Activities Conducted by Ya_All	9-14
Activities Ya_All was Invited	14-16
Summary of Outreach and Expenses	17
Partners in 2019-20	18
Ya_All Team	19

Registered Office: Sagolband Tera Sapam Leirak, Imphal West District, Imphal-795001, Manipur

Work Station: Meitram, Makha Leikai, Near Azad English School, Airport Road, Imphal-795140, Manipur

Phone: +918730904113/+916009032883

Email: yaall.manipur@gmail.com

Facebook: Ya_All

Instagram: ya.all.northeast

The first registered Queer & Youth-led & focused organization in Manipur, North East India

Registration no. 3388 dated 13th June 2019 under the Indian Trust Act, 1882 (Registration Act, 1908)

About Ya_All

Ya_All, which reads as Yawol in Manipuri translates to Revolution. It was formed on May 17, 2017, on the International Day against Homophobia, Transphobia and Biphobia. as a secret WhatsApp group to discuss personal issues faced by queer youths in Manipur, but due to the increased stigmatization and violence, and the need to create a support system for each other we came out openly as a collective and now we work all through the year as an independent inclusive youth network, initiating conversations and dialogues around youth health and education issues, presently mostly on gender, sexuality, health, and wellbeing. We are the first youth-led LGBTQ + Allies Youth Network in Manipur who are working openly at the grassroots level on youth and queer issues. All the board and volunteers are under 35 years of age. We provide a safe space and support through free peer counselling, free peer to peer training, capacity building, and advocacy to empower and equip the youths and de-stigmatize the conversations around Sexual, Reproductive and Mental health issues of queers and youths. *Ya_All* helps to network, connect, mainstream, and document the life experiences with our limited resources from Manipur and North East region.

Mission

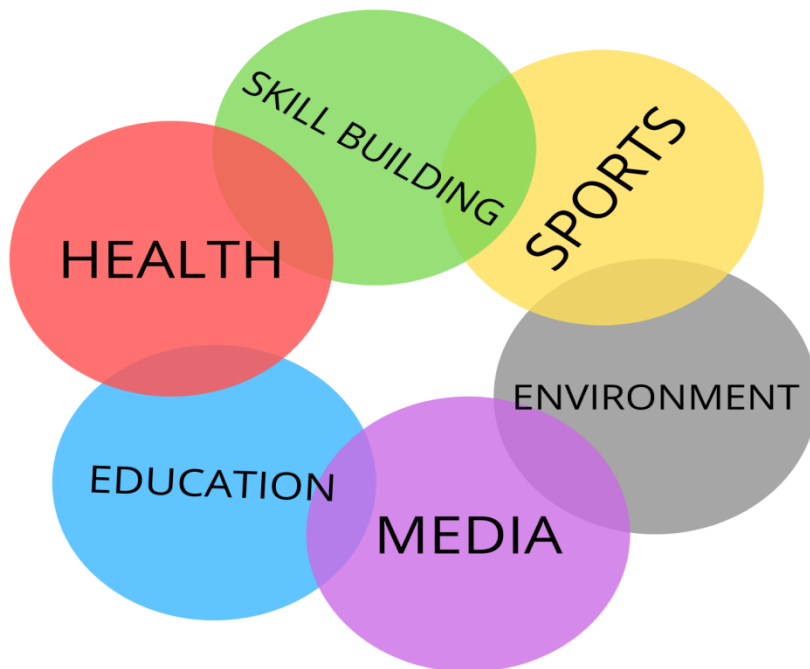
Our mission is to Equip and Empower adolescents, Youths, and the LGBTI/ Queer community of Manipur and North East India through life skills, advocacy, research, and capacity building on Health, well-being, and livelihoods.

Vision

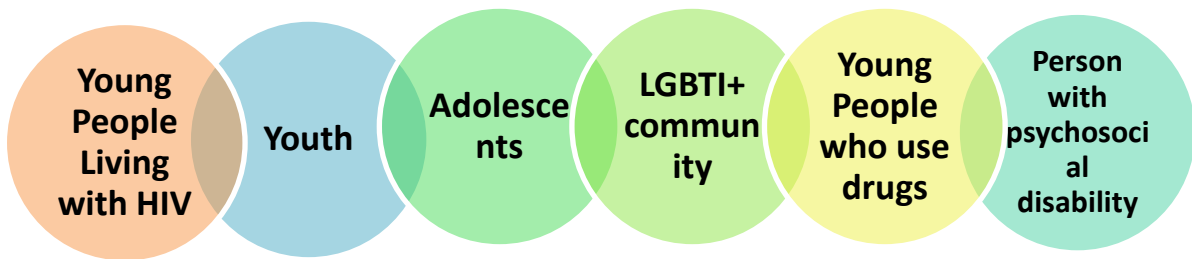
Our vision is to restore and recreate an inclusive society that will provide equitable information, service, and opportunities to every individual through youth engagement and thereby working towards a sustainable world.

Theme/Work Place

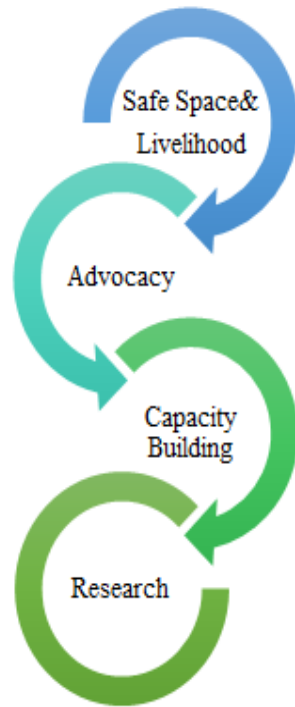
Thematic Areas



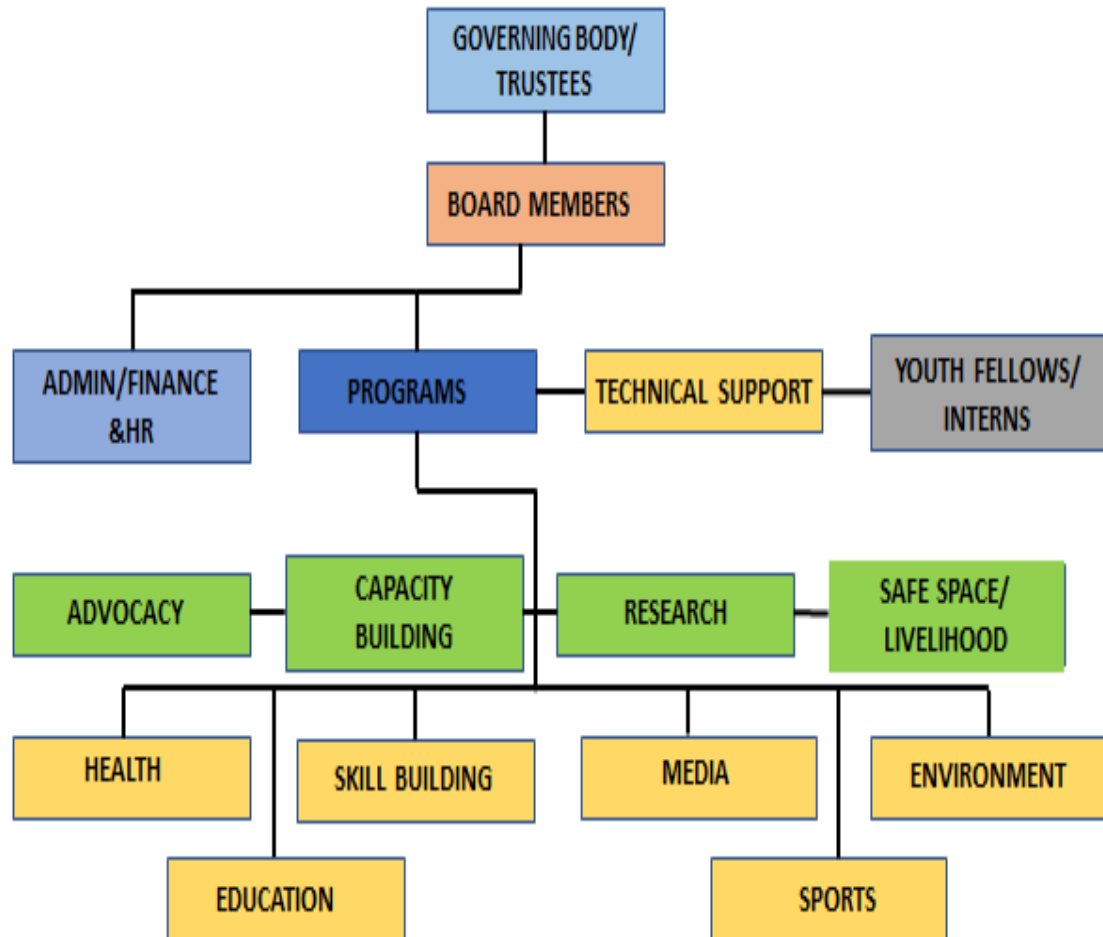
Key Population/ Target Population



Component



Organizational Structure



FY 2019-20 At a Glance

In the last fiscal year (April 1, 2019 -March 30, 2020) Ya_All achieved the following:

Ya_All engaged 22 development training programme for youth and activities under North East Peer Project

-Selected 22 youth fellow across the North East Region of India

-which include the (6) community based workshops, (6) LGBTI meet up, (7) Institutional based workshop and (4) training of youth fello

- we engaged 670 youth connected with Mental Health Services

We assisted in connecting 96 youth to Imphal Lit Fest on the theme of Gender Based Violence

_include panel discussions, film screening, signature campaign and exhibition

We opened the inclusive workspace for youths in Manipur at Meitram in Imphal with Mariwala Health initiative based in Bombay

- which provides to open peer counselling and networking space for youths to discuss mental health concerns and issues

We launch a helpline number to provide a tele counselling service with collaboration of Blue-India

We supported food materials to the orphanage home by the team of MMQFT

-13 Adolescents boys supported

We assisted in connecting 30 women inmates to provide training on making eco-friendly washable sanitary pads with the support from the Superintendent of Police

We initiated Media Awards for Inclusive Reporting collaboration @thehumsafartrustofficial @surikeshav

-80 Individual were participated and 5 media house were selected with journalist

We launched a India first transgender football team in India

-90 Youths were participated



1. Activities Conducted by Ya_All 2019-2020

- Ya-All organised the first ***Imphal Lit Fest 2019*** on **8th April** with the support from One Billion Rising Revolution 2019 which was conducted on the theme of Gender-based violence against women and queer community in Manipur. It was attended by 85 youths from different colleges and universities. And collaborated with Dwellers Tea, 70mm Café, KRC times, etc.
- ***2nd Foundation Day On May 17th, 2019:*** We opened our inclusive Workspace for youths in Manipur at Meitram in Imphal. It is believed to be the first integrated co-working space and resource centre along with a youth cafe, also having a short stay facility for young queer people facing harassment and crisis conditions at home or otherwise. Space is fully run independently by LGBTI Youths and we provide all the facilities for free for the time being. Mariwala Health Initiative based in Bombay supported us to open peer counselling and networking space for youths to discuss mental health concerns and issues. We are in the process of opening a helpline to address all health-related concerns through linkages and referral service with experts and collaborators.

We also celebrated ***IDAHTOB 2019*** with a Queer Fashion Fest in Imphal, with the support from Keshav Suri Foundation, New Delhi with the theme of “Celebrating our Existence”.

- ***12st June 2019:*** Ya_All collaborated with ***Blue-India*** to launch our helpline number to fight and address issues related to cyberbullying, to reach out more, assist and help tele-counselling services.
- ***21st July 2019:*** A one-day advocacy program was conducted by ***MMQFT 2019***, on ***United Nations*** SDGs with the finalists of Miss Manipur queen for Transwomen 2019 lead by Loiloi and Momochouba who had represented Ya-all at the United Nations Youth Consultation organized by UN agencies in the month of June.
- ***28st July 2019:*** Finalists of Miss Manipur Queen for Transwoman (MMQFT 2019) visited Yaibilen Children Home to provide kitchen supplies for the kids, and Sana Ebemma and Ya_All interacted with the children to extend support.
- ***11th August 2019:*** Ya_All Manipur and ***Orikalanki*** conducted a 3 days training program on making Eco-friendly Washable Sanitary Pads for the women inmates in Manipur central jail, Imphal with the support from the Superintendent of police (jail) with 30 participants.
- ***29th August 2019 (Meet up transwoman):*** Ya_all initiated a meet up program with a group of young nupimanbis (transwomen) between the age of 18-25. They discussed on the issues about being young and being a transgender in Manipur. They were full of ideas and passion, to make a change and interacted for issues about the gap in services on health, education and life skills, and sports (beyond the fashion and beauty industry which has been stereotyped as their main and often only livelihood option in Manipur).
- ***2nd edition of Imphal lit fest 2019 (30th August):*** Ya_All conducted the 2nd edition Imphal lit fest 2019 at 70mm café & restaurant. Around 11 youths had participated during the painting competition. A special guest, Narmada Sougajam and other activists actively participated in the discussion hour.
- ***2-3rd September 2019 (Youth Mental Health Workshop Imphal):*** Ya_All collaborated with ***@its Ok to talk, @quicks and studio, @sangarhgoa, @welcome trust*** and conducted a co-create a first-of-kind design workshop on Youth Mental Health Issues and well-being in North East. Around 38 young students participated from the IGN Tribal University and other youth from Imphal. This workshop brings forth the issues, challenges faced by the young key population across the state, and where to get information and services on health and well-being.

- **Wrapping Up day- 2 (4th September 2019):** Interaction program with the students of IGN Tribal University, Department of Social work to discuss on Youth Mental Health and stigmatization of the society, and discrimination faced by the LGBTI youth among Manipur.
- **Home visit (6th September):** Ya_All and Times of Manipur (TOM) TV visited Yaibilen Children Home, Imphal East for the first anniversary of the Supreme Court judgment on IPC Section 377 decriminalizing homosexuality. This is our 2nd visit after July 28, 2019, and discussed the issues faced by the home which had 13 adolescents and runs on donations and sponsors without any support from any agencies.
- **Ya_All Media Awards for Inclusive Reporting (21st September 2019):** On collaboration with @thehumsafartrustofficial @surikeshav, around 80 individuals participated in the program. Besides Ya_All, 5 media houses were selected with journalists of TOM TV, IMPACT TV, IMAGE TV, DY365, Imphal Free Press, etc. The program was conducted smoothly by Ya_All board members along with Youth Mic for all the participants to discuss the mental health perspective in the Manipur. There was an inaugural session on Project Quest



North East Peer Project

Advocacy & Awareness

Training of Youth fellows at Guwahati (16th – 17th October 2019): Selected candidates actively participated and shared their knowledge and perspectives faced by youth in the current scenario. And all the resource persons had shared their understanding on the topic to the fellows. The session was completed after seeking their needs among the youth and looking forward to starting work with youth in their specialties, which can be helpful to the youth especially queer community as well as health issues among the north-eastern region.

Training of Youth fellows at Ya-all space Meitram, Imphal (24th November 2019): The following steps are taken out from the analysis and discussion issues from the youth perspective on adolescent health. They are outreach to family community and intervention, to giving community workshop on acceptance, to provide an awareness of IEC materials both online and offline to reach out to the youth, a special session on assertiveness as well as self-reliance at school, to promote a sensitization program at institutions, and insecurities at any social media as it can reduce cybercrime. So the fellows were looking forward to conducting a program in their locality about the following issues such as mental health, health rights and feminism.

Community based workshop on Mental health at Laimanai, Langol (25th December 2019): The youths actively participated during the workshop. Initially, they were hesitant to share or speak out but by engaging in activities and fun ice breaker sessions they became more interactive. It was noticed that each individual's problem and the way they cope with it varied. Such awareness about the importance of mental health should be often conducted. It was also observed that Early signs of mental problems were discussed such as withdrawal from people, anxiousness, nervousness, lack of motivation, avoiding others or isolating, obsessed with minor issues, easily irritated, increased negativity, increased substance abuse, difficulty performing daily tasks, unrealistic ideas, mood swings, excessive anger, thoughts of suicide, harming oneself and others, aggressiveness, forgetfulness, consistently low energy, change in sleeping pattern, change in eating pattern.

1st Community workshop on Understanding Mental health issue and Nutrition at Kwakeithel Makha Thokchom leikai, Anganwadi center, Tiddim ground (): The common issues and problems faced by the participants were discussed in this workshop. They were examination stress, family problems, violence and harassment in the family, insecurity, lack of confidence, peer pressure, forgetfulness. Strategies on handling stress and helpful coping management were taught to them. In addition to that awareness about the nutritional aspect, on what type of food is rich in nutrients and proteins to help the growth of young adolescents.



Community based workshop on Understanding Mental health issue and Nutrition at Needy Home Laimanai, Langol (9th December 2019): The present workshop was conducted among college students and youths residing at a home. Most of them are either orphans or raised by a single parent. They come from a lower socio-economic background. It is observed from this workshop that it was helpful for them as it brought about the importance of nutrition, the effects of mental health problems, and stressors in youths today. There is further need for conducting such programs for the group in their personality development, having a positive attitude towards life, and in handling stressors

Community based workshop on Understanding Mental health issue and Nutrition at Biology tuition centre Kwakeithel Makha Thokchom leikai, Tiddim ground (17th December 2019): According to the problems discussed, the main problem faced by adolescents were family problems resulting in quarrels and violence which affects them greatly. One of the common problem was examination stress, due to which they are anxious, forgetful, and are unable to concentrate on their studies. Peer pressure was another factor, which results in problems among friends. In the feedback obtained, some had already attempted suicide in the past and found the workshop helpful. Health food and a healthy lifestyle were emphasized. There is a need for further follow-up programs and interventions in such groups.

Youth fellow meets up at Ya all space (17thdec 19): The team had a meeting at the head office in Imphal, it was also the last team meeting of the year. In this meeting, discussions were made about the

current scenario in Manipur, North East India, and ways through which young people can be a voice to bring about awareness, educate and accordingly intervene, agitate and strategize to serve the community better in the coming new year. The meeting ended with a positive note on the important responsibility and roles each youth carry to bring a positive change in the society and community

Community workshop on understanding mental health issues, Policy and laws, and rights among the queer community at Hatta, Imphal east (21st December 2019): The program was conducted by youth fellow among queer community. Some of the issues raised were lack of peer support, gender and sexuality education in the family, discrimination from the society to LGBTI community, lack of parent's sensitization, unaware of section 377 given by the government, depression. Largely the main concern was the lack of awareness of body and health

Meet up to discuss Young LGBTI Issues (25th December 2019): A support group LGBT Meet-Up was held at Meitram to discuss issues faced by the young queer community in Manipur about their health and rights. The meeting was attended by 24 young individuals and they raised the issue of not having safe spaces and youth-friendly service providers in the region, it was decided to strengthen the community through queer and youth-based workshop through Ya_All.

Interaction program with faculties and students at BB Paul Mental Development Home run by All Manipur Mentally Handicapped Person Welfare Organisation (7th January 2020): The first workshop for 2020 was conducted at a Mental Development Home, Imphal. The special school has more than 100 students. It is a government-aided school with the supervision of special educators, faculties and the administrators

Ya_All fellow meet up at Darjeeling (10 January 2020): There was a Darjeeling Meet Up through a youth fellow member of the Ya_All. The team has great plans and is happy to support them

Youth fellow workshop on Mental health at Bramhapur, Imphal east (12th January 2020): The present workshop was hosted by the team's youth fellow at Imphal East. In this workshop, there were discussions and stories shared on adolescent, youth, and queer mental health. There were 24 participants, with the youngest being an 11-year-old girl. The issues raised were discrimination by the society, societal outlook towards the queer, lack of self-care.

Institutional based workshop on Mental Health at Flamingo (Mental Healthcare & De-addiction centre (16th January 2020): Ya_All northeast conducted a mental health workshop at flamingo Imphal west along with the caregivers, in patients, and staff of the rehabilitation centre especially for women. The topics discussed were about mental health stigma, health, nutrition as well as problems and stressors faced daily and how to cope with it. The interaction seems fruitful as the participants were open to discussing issues in their life. They further suggested conducting programs on specific illness by doctors.

Youth fellow workshop on Girls Health and Hygiene at Guwahati (19th January 2020): A riverside weekend Meet up off Guwahati organized by the team youth fellow. The team takes pride in being able to support girls and young women-led initiatives in creating support systems and safe spaces

Institutional based workshop on Mental Health issue of the student at Helping Hands Group Academy, Imphal (26th January 2020): Through this workshop, the participants were able to relate their stress regarding the upcoming board exams and identify the various physical, emotional and

cognitive signs. The participants were made to understand their stress and taught relaxation techniques to manage and reduce stress. Concepts of gender and sexuality were introduced through a diagrammatic representation of gender bread. Misconceptions regarding certain aspects of gender and sexuality were clarified through the day's session. Towards the end, the workshop emphasized helping the participants enhance their self-esteem and understanding self.

Workshop on Youth Health with the students of IGN Tribal University (27th January 2020): The team conducted a workshop at IGN Tribal University. There were about 30 students from the social work and political science department. The main topics discussed were awareness about self, stressors, coping skills, and nutrition. An activity based on good and bad qualities were listed down by each one. Through this activity, there were lots of useful and helpful discussions for young adults

Youth fellow interaction on Health issues at Majuli, Assam (31th January 2020): There was an interactive session with Ayang Manthan Fellows and Mobile Library Facilitator at their head office in Majuli. The interaction was on gender, sexuality, health, and sustainable development goals among the young fellows

Institutional based workshop on Youth Health at DM University, Imphal (4th February 2020): The workshop was initiated with the agenda of the sensitization and discussions on Physical Health – sexual and reproductive health, and Mental Health. The topics discussed were physical health and mental health and wellness strategies. A stress questionnaire was administered. Draw a Pig test was done as an ice-breaking activity. Further, participants were asked to draw a variety of emotions that they experience. The youth showed interest in voluntarily participating with Ya_All in Mental Health Awareness. Few students had been dealing with mental health issues and expressed their need for counselling and talk therapy. They opened about their issues relating to Adjustments, Failed Relationships, Generation Gap, Bullying, Communication Skills, etc.

Institutional Based workshop on Mental health and nutritional status of students at international Modernised Academy Imphal east (5th February 2020): The workshop was initiated with the agenda of imparting knowledge on Physical Health – Nutrition, Mental Health, and Life Skills. Wellness strategies on the mentioned topics were discussed and Guided Imagery Relaxation Technique was administered. An activity using balloons as a metaphor was conducted to help the participants understand more about stress

Nutrition – local varieties, understanding food labelling, etc., Understanding Emotions, Stress – Types and Management, Prioritising and Time Management, Self-Awareness - Real-Self and Ideal Self, Maslow's Hierarchy of Needs, etc. were discussed.

Institutional Based workshop on health, education, life skill, nutrition, sexual health at New Public School, Khangabok, Thoubal district, Manipur (8th February, 2020): The workshop conducted in this school comprised of students studying in 10th standards. They were divided into two groups. The topics discussed and dealt with during the workshop were mental health, nutrition, and sexuality. The session began with an introduction to mental health, the importance of physical health. Activities based on certain concepts were conducted like, listing down 3 qualities by each individual. The issues causing stress were discussed along with the types of coping skills used. Understanding of emotions and feelings of adolescents were discussed along with activities based on emotions. Role-play on anger outbursts, mirror imaging, identifying emotions by recognizing facial expression, survey questionnaires was conducted. The stigma towards mental health was raised. The nutritional aspect of

the diet, lifestyle, nutrients, and proteins for the growth of young adolescents were discussed too. The strategies of positive mental health, enhancing support, and seeking for help were made known to them by the trainees.

Youth fellow meet up at Guwahati, Assam on Mental Health Issues as well as discussion on peer support (10th February 2020): The team is happy to have supported the youth fellow and his team for this event in Guwahati which was all about Love and Music SOVIC- The Social Responsibility Cell of Assam Engineering College, on 9th Feb 2020 successfully organized a heartfelt visit to MOTHER OLD AGE HOME. We made a deliberate attempt to bring smiles on everyone's face and to take the minds of our older generation to their childhood days. Some of their ages have reached even 3 digits, but the energy, the positive vibes, and the aura that they created were beyond our words. Some moments of nostalgia, childhood memories, emotions, melody, dance, and experience sharing went hand in hand throughout the day. AAMIS actor ARGHADEEP BARUAH along with his teammates brought scintillates to the occasion through their outstanding performance. We also made the grandmas sing and twirl with us. (Pictures of seniors not uploaded for ethical reasons but they are the sweetest ones). In the end, we had a meeting on mental health and peer support: Today's society is a pure example of growing unrest in the minds of youngsters. Mental health and physical health are the two sides of the same coin. Yet, mental health situations are often ignored. Therefore, to bring more awareness and also to help the peer group in our college, we the members of SOVIC have decided to come up with a cell comprising of a few individuals whose main motive would be to help, listen and provide solutions to the affected individuals.

QUEER GAMES 2020 NORTHEAST

Ya_All officially launched a India first transgender team in India on March 8th 2019 and also organized a torch bearer for solidarity work as a part of International Women;s Day. Around 90 youth were participated during the events.there were a friendly football match between the transgender football team under the age of 30. These events bring about the creating of safer environment for the queer youth of Manipur. while battling stigmatisation and discrimination. By setting up safe spaces for the queer youth that cannot migrate, Ya-All is also catering to the mental health and well-being of many people.



2. Events and Programs Ya_All was invited

Date	Events	Organised by	Venue
20-21 June 2019	Consultation with young peoples and sustainable development goals SDGs 3,4,5 & 8 in the Indian context	CHP and UNAIDS New Delhi	UNAIDS, India
12 July 2019	RISE Bangalore 2019, first LGBTI job fair in India	Pride Circle	Supported as a community partner in Bangalore
19 July 2019	One-day consultation workshop on Manipur State Policy On Psycho Active Substance Abuse 2019	Department of Social welfare government of Manipur	Imphal
24-25 September 2019	Second Convening of UNAIDS Youth task force	UNAIDS and CHP	UNAIDS India
28 -31 September 2019	Second Convening of National Policy Working Group on youth SRHR	YP foundation, New Delhi	New Delhi
26-28 September 2019	Peer Support Practices training for LGBTI	Nazariya and MHI	New Delhi
10-11 October 2019	(CONNECT project dissemination)	Humsafar trust and Amplify change	New Delhi
15 October 2019	National consultation on Beyond FP2020 (Youth perspective on SRHR and FP)	FPA India	FPA India
8-11 November 2019	Training of Community for Rising Awareness on viral hepatitis	WHO, MOHSW & National Health Mission	New Delhi
12 November 2019	Launch on One Billion Rising Campaign 2020	One Billion Rising	Miranda House, University of Delhi
29-30 November 2019	Ya_All participated in the first Trans Exhibition Match in Rajasthan	@kehsavsurifondation @scoutme.in @JPISchool	Jaipur: The Pink City

2-3 December 2019	Asian Pacific Youth FORUM 2019	Unaided-Youth Lead	Bangkok
December 4, 2019	Global to local: Science and Community in the response to HIV in India	IA Society, fpa India, Gilead	Mumbai
7-8 December 2019	Rainbow Lit Fest	Rainbow lit Fest/Ya_All	New Delhi
13-14 December 2019	Transforming Community: Tracing the Footprint toward Inclusion	Bapu Trust for Research on Mind and Discourse	Pune
18 January 2020	Interview (Queer Rights, Mental Health and Intersections in conversion with Sadam Hanjabam)	Madasiapacific	Manipur
7 February 2020	National Consultation of Sustainable Development Goals	The Humsafar trust	United Nations
17-23 February 2020	Struggle towards Equity in Health	People's Health Movement Nepal	Kathmandu Nepal
27 February 2020	South Asian Young Activist Network Conference 2020	US Consulate	KOLKATA

SUMMARY**Outreach and Partners Organisation**

Sl. no	Project	Participants/ Offline outreach	Partners	Budget Expenses/ Approved INR
1	Imphal Lit Fest 2019	84	One Billion Rising, KRC Times, 70 mm Café, Dwellers Tea, IGNTU RCM Social Work, TOM TV, Impact TV, IYAFP, Imphal Free Press, Kumhei.com, etc	50,000
2	Queer Meet, Sikkim	15	The People's Studio, ARTEM	15000
3	Opening of Meitram	-	Mariwala Health Initiative, Mumbai	1,68,000
4	IDAHTOB & Queer Fashion Fest	80	Keshav Suri Foundation, TOM TV, etc	1,50,000
5	Project Quest	63	The Humsafar Trust	50000
6	Ya_All Media Awards	63	Ya_All Initiative	25000
7	Khudol Initiative	Continuing	Ya_All Initiative	Donations
8	Youth Mental Health	45	Sangath, it's Ok to Talk, Quicksand, Welcome Trust	50000
9	Transgender Advocacy Programs	35	Ya_All Initiative	15000
10	North East Peer Support Project (October 2019 – March 2020)	632	Youth LEAD, Bangkok	
11	Queer Games North East 2020	90	The Humsafar Trust, TOM TV, Imphal Free Press,70 mm café, One Billion Rising India, Vice India, Pride, Youth Lead, BLUED-India,	
Total Offline outreach from April 2019 to March 2020	632	(Comprised of both advocacy and capacity building outreach)		

Ya_All Funders and Partners I 2019-2020

<ul style="list-style-type: none"> • One Billion Rising, • KRC Times, 70 mm Café, • Dwellers Tea, • IGNTU RCM Social Work, • TOM TV, Impact TV, IYAAP, Imphal Free Press, Kumhei.com, etc
<ul style="list-style-type: none"> • The People's Studio, ARTEM
<ul style="list-style-type: none"> • Mariwala Health Initiative, Mumbai
<ul style="list-style-type: none"> • Keshav Suri Foundation, TOM TV, etc
<ul style="list-style-type: none"> • The Humsafar Trust
<ul style="list-style-type: none"> • Ya_All Initiative
<ul style="list-style-type: none"> • Ya_All Initiative
<ul style="list-style-type: none"> • Sangath, it's Ok to Talk, Quicksand, Welcome Trust
<ul style="list-style-type: none"> • Ya_All Initiative
<ul style="list-style-type: none"> • Youth LEAD, Bangkok
<ul style="list-style-type: none"> • The Humsafar Trust, TOM TV, Imphal Free Press, 70 mm café, One Billion Rising India, Vice India, Pride, Youth Lead, BLUED-India,

Ya_All Staff

SADAM HANJABAM	FOUNDER
MOMOCHOUBA NINGOMBAM	TECHNICAL
BIRLA SHARMA	FINANCE&ADMIN
ARVIND LAISHRAM	PROGRAM ASSISTANT
THUMCHUICHAN RAMAN	COUNSELLING PSYCHOLOGIST
LINTHOI RAJKUMAR	CLINICAL PYSCHOLOGIST
LIKLALEIMA YUMNAM(lulu)	YOUTH FELLOW
LYDIA THOUDAM(DIT)	YOUTH FELLOW
ARUNIDA KHUMUKCHAM	CONSULTANT PYSCHIATRIC SOCIAL WORKER
TOMBISANA LAISHRAM	CONSULTANT NUTRITIONIST

Ya_All Volunteers

Most of the volunteers were actively involved during the time of program, training, events, conducted by the Ya_All 2019-20

